NEW ZEALAND

Implementation date and additional rounds 2008

Package coverage

Health warnings are required to cover 30% of the front and 90% of the back of the package in both English and Maori. Overall, 60% of the package space is appropriated to health warnings.

Rotation schedule and history

Two sets of 7 warnings are rotated every 12 months.

Restrictions on misleading information

Misleading descriptors such as "light" and "mild" are NOT prohibited from appearing on packages.

WARNINGS

2008

SMOKING IS HIGHLY ADDICTIVE



You may not realise how addicted you are until you try to quit. Long-term smokers can and do quit.

You CAN quit smoking. Call Quitline 0800 778 778.

YOU ARE NOT THE ONLY ONE **SMOKING THIS CIGARETTE**



Smoking during pregnancy increases the risk of miscarriage, stillbirth, premature birth and the risk of

You CAN quit smoking. Call Quitline 0800 778 778.

SMOKING CAUSES BLINDNESS





your eyes. It also causes cataracts

You CAN quit smoking. Call Quitline 0800 778 778,

SMOKING BLOCKS YOUR ARTERIES



Blocked arteries can lead to heart attack, stroke, and

You CAN guit smoking. Call Quitline 0800 778 778. or talk to a quit smoking provider.

YOUR SMOKING CAN HARM YOUR KIDS

KOI PĂNGIA I TE MATE OU TAMARIKI I TOU MOMI HIKARETI



Exposure to tobacco smoke increases the risk of our children contracting serious illnesses and dying. Bables exposed to tobacco smoke are at greater risk

You CAN quit smoking. Call Quitline 0800 778 778. or talk to a quit smoking provider.

SMOKING MORE THAN DOUBLES YOUR RISK OF STROKE

KA TINO KAHA RAWA AKE TOU PÁNGIA ANA I TE MATE RORO IKURA I TE MOMI HIKARETI



Strokes can cause permanent paralysis, inability to speak, disability and death.

You CAN quit smoking. Call Quittine 0800 778 778, or talk to a quit smoking provider.

Tobacco Labelling Resource Centre: New Zealand. Waterloo, Ontario: Department of Health, University of Waterloo; 2010 [cited 2011 April 8]; Available from: http://www.tobaccolabels.ca/healthwarningimages/country/newzealand.

WARNINGS — **2008**

SMOKING CAUSES FOUL AND OFFENSIVE BREATH

KA HAUNGA, KA KEHAKEHA TÕU HÄ I TE MOMI HIKARETI



Tobacco smoke affects the natural chemical balance in your mouth, which can give you offensive bad breath.

You CAN quit smoking, Call Quittine 0800 778 778, or talk to a quit smoking provider.

SMOKING CAUSES GANGRENE

KA PĀNGIA KOE I TE KIKOHUNGA I TE MOMI HIKARETI



Smoking damages your blood vessels reducing circulation to your legs and feet. This can cause blood clots: gangrene and amputation.

You CAN quit smoking. Call Quitline 0800 778 778, or talk to a quit smoking provider.

TOBACCO SMOKE IS POISONOUS

HE PAIHANA TE AUAHI HIKĀ



Smoking exposes you to poisonous chemicals that cause cancer, heart disease and death.

You CAN quit smoking. Call Quitline 0900 778 779, or talk to a quit smoking provider.

SMOKING CAUSES MOUTH CANCER

KA MATE PUKUPUKU Ō TE WAHA KOE I TE MOMI HIKARETI



Mouth and throat cancer can result in eating, swallowing and speech problems, disfigurement and death.

You CAN quit smoking. Call Quittine 0800 778 778, or talk to a quit smoking provider.

OVER 80% OF LUNG CANCERS ARE CAUSED BY SMOKING

TE NUINGA O NGĀ MATE PUKUPUKU Ā PŪKAHUKAHU NĀ TE MOMI HIKARETI



Smoking causes most lung cancers in New Zealand.
If you get lung cancer you will probably die from it.

You CAN quit smoking. Call Quitline 0800 778 778, or talk to a quit smoking provider.

SMOKING CAUSES HEART ATTACKS

KA MĀUIUI TÕU NGĀKAU I TE MOMI HIKARETI



Smoking can block your arteries. Blocked arteries cause heart attacks which can kill you.

You CAN quit smoking. Call Quitline 0800 778 778 or talk to a quit smoking provider.

SMOKING CAN MAKE YOU IMPOTENT



Smoking can cause impotence due to decreased blood flow to the penis. This can prevent you from having sex.

You CAN quit smoking. Call Quitline 0800 778 778, or talk to a quit smoking provider.

SMOKING CAUSES SERIOUS LUNG DISEASES



Smoking causes crippling and often fatal lung diseases like emphysema.

You CAN quit smoking. Call Quitline 0800 778 778, or talk to a quit smoking provider.